



## **WINTER 2019 - ZUMBA GOLD**

Learn the movies active older adults want. Zumba® moves designed for active older adults or those looking for a low-impact workout. Reach the largest growing segment of the population and learn how to effectively address their unique anatomical, physiological and psychological needs.

**Tuesdays (6 Weeks) - 6:00 p.m. – 6:45 p.m.**

Feb. 5 – March 12

Cost: \$50.00

Location: Whitehall Elementary School Gymnasium

\*Winter session dates are subject to change\*

**REGISTRATION WILL BE TAKEN AT THE TOWNSHIP BUILDING UNTIL FEBRUARY 1, 2019  
MONDAY – FRIDAY, 8:00 A.M. – 4:30 P.M. OR PRINTED ONLINE AT  
[WWW.WESTNORRITONTWP.ORG](http://WWW.WESTNORRITONTWP.ORG) AND MAILED TO  
1630 W. MARSHALL ST,  
JEFFERSONVILLE, PA, 19403**

**ONLINE REGISTRATION IS ALSO AVAILABLE!  
NO LATE REGISTRATIONS!**

**ANY QUESTIONS, PLEASE CALL THE RECREATION DEPARTMENT AT 610-630-1251.**

